

Foundational Daoist Reading List

Louis Komjathy 康思奇, Ph.D., CSO
Daoist Foundation 道教基金會

A World of Their Own (2013) by Adeline Herrou

Dàodé jīng (2023) by Louis Komjathy

Entering Stillness (2022) by Louis Komjathy and Kate Townsend

Handbooks for Daoist Practice (2023 [2003]) by Louis Komjathy

Original Tao (1999) by Harold Roth

Seven Steps to the Tao (1987) by Livia Kohn

Taoist Meditation and Longevity Techniques (1989) by Livia Kohn

The Arts of Daoism (2021) by Xing Dé 興德

The Daoist Tradition (2013) by Louis Komjathy

The Road to Heaven (1993) by Bill Porter

The Secret and the Sublime (1973) by John Blofeld

The Taoist Body (1993) by Kristofer Schipper

The Taoist Experience (1993) by Livia Kohn

The Taoist Manual (2005) by Brock Silvers

The Teachings of Taoist Master Chuang (1978) by Michael Saso